## **TEAM PORTSMOUTH SEPT 2018 CYCLING SCHEDULE**

"Come Ride With Us!"

## **Non-Reoccurring Rides**

Saturday, September 1st

B/C Pace 7:30 am 63 miles Portsmouth, VA "Tour de Portsmouth, Suffolk & Chesapeake" – new metric route with 3 stops at the Harborview Starbucks, Bower Hills Gas Station and Bide-a-Wee golf course, then back downtown Portsmouth for lunch. Last big training ride for Sept 8 and 9 New Bern MS 150 and Sept 8 Surry Century. Lots of waterfront views in Portsmouth & Suffolk residential back roads with little car traffic.

From: Cycle Classics, Olde Town, 427 High St.

Leader: John Maher, 757-672-1359,

teamportsmouth@cox.net

Sunday, September 2nd

B/C/D Pace 4:00 pm 25 miles Portsmouth, VA "Tour de Bide-a-Wee" ride through Historical Portsmouth Waterfront! Fun, easy-paced ride with stop mid-way at city golf course followed by dinner in Portsmouth!

From: Cycle Classics, Olde Town, 427 High St.

**Leader:** John Maher, 757-672-1359 or

teamportsmouth@cox.net

Saturday, September 8th & 9th

New Bern MS 150 - <a href="http://www.bikemsnewbern.org/">http://www.bikemsnewbern.org/</a> and join team at

http://main.nationalmssociety.org/goto/Teamportsmout

**Surry Century Ride** - <a href="http://pbabicycling.org/event-2926225">http://pbabicycling.org/event-2926225</a>

Saturday, September 15th

B/C Pace 8:00 am 36 to 50 miles Portsmouth, VA "Tour de Harborview" – one of the nicest rides in Portsmouth designed to prepare cyclists for 2018 long distance rides. Two stops w/SAG support.

From: Cycle Classics, Olde Town, 427 High St.

Leader: John Maher, 757-672-1359,

teamportsmouth@cox.net

Sunday, September 16th

B/C/D Pace 4:00 pm 25 miles Portsmouth, VA "Tour de City Park" ride through Historical Portsmouth Waterfront! Fun, easy-paced ride with stop mid-way along the waterfront followed by dinner in Portsmouth! From: Cycle Classics, Olde Town, 427 High St.

**Leader:** John Maher, 757-672-1359 or

teamportsmouth@cox.net

Saturday, September 22<sup>nd</sup>

B/C Pace 8:00 am 40 miles Portsmouth, VA "Tour de Bowers Hill" – Portsmouth's enjoyable ride to out the Bowers Hill area and back. One stop with SAG support, and lunch afterwards

From: Cycle Classics, Olde Town, 427 High St.

Leader: John Maher, 757-672-1359 or

teamportsmouth@cox.net

Sunday, September 23<sup>rd</sup>

B/C/D Pace 4:00 pm 25 miles Portsmouth, VA "Tour de Bide-a-Wee" – Scenic ride in Portsmouth.

All rides prepare cyclists for Eastern Shore CBES ride.

One stop, SAG support followed by dinner downtown.

From: Cycle Classics, Olde Town, 427 High St.

Leader: John Maher, 757-672-1359 or

teamportsmouth@cox.net

Saturday, September 30<sup>th</sup>

B/C Pace 7:30 am 50 miles Portsmouth, VA "Tour de Sleepy Hole" – half century route with 2 stops, then back downtown Portsmouth for lunch. Last big training ride for Oct 6<sup>th</sup> Culpepper Century. Lots of rural and waterfront views in Portsmouth & Suffolk with little car traffic.

From: Cycle Classics, Olde Town, 427 High St.

Leader: John Maher, 757-672-1359,

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Also – some of us are riding in Sept 30 - Fredericksburg Cannonball Century - <a href="https://bikefred.com/event-2820905">https://bikefred.com/event-2820905</a> Leader: John Maher, 757-672-1359,

teamportsmouth@cox.net

**Reoccurring Rides** 

4 pm Sunday September 2<sup>nd</sup>, 16<sup>th</sup>, 23<sup>rd</sup>

D Pace 14-20 miles Portsmouth, VA Join Team Portsmouth for our great "MAX RELAX" beginner's ride through Historical Portsmouth Waterfront! Fun, easy-paced ride. Slow as the slowest rider! Similar route as B & C pace, but shorter. All B, C, and D pace riders return about same time for dinner downtown.

From: Cycle Classics, Olde Town, 427 High St.

**Leader:** John Maher, 757-672-1359 or

teamportsmouth@cox.net